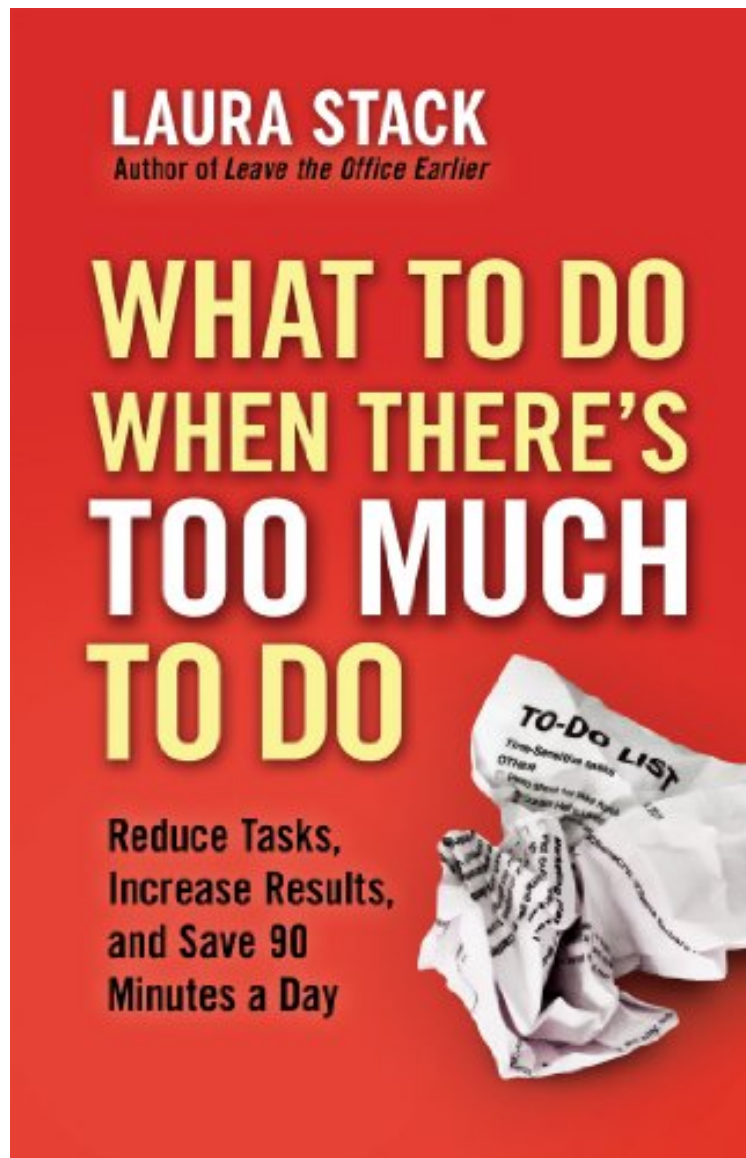


[Free pdf] What To Do When There's Too Much To Do: Reduce Tasks, Increase Results, and Save 90 a Minutes Day

What To Do When There's Too Much To Do: Reduce Tasks, Increase Results, and Save 90 a Minutes Day

Laura Stack

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Laura Stack : What To Do When There's Too Much To Do: Reduce Tasks, Increase Results, and Save 90 a Minutes Day before purchasing it in order to gage whether or not it would be worth my time, and all praised What To Do When There's Too Much To Do: Reduce Tasks, Increase Results, and Save 90 a Minutes Day:

69 of 70 people found the following review helpful. Did I miss "Increased Results, Saving 90 Minutes Per Day"...

somewhere? By Maxamillion As an avid reader of Time Management books, and an all-time Brian Tracy fan[atic] ;) I bought this book actually as a recommendation from Brian, as one of his subscribers to his YouTube Channel. I own 80% of all his books so I guess I'm just spoiled with his way of explaining matters. I just wasn't that impressed with this book in particular. One of the few points that seemed to be the best, "choicest morsels", are found on pages 43 and 146, which all of us can appreciate... Page 43 reads, "Establish daily routines for common work tasks, such as checking e-mail or organizing your day. This allows you to make fewer decisions, reducing your energy expenditure." and. Page 146, "When you have no choice to overwork yourself, try to do so in short bursts separated by longer periods of normal work - or rest... Otherwise your productivity will diminish sharply." The forward is excellent and the story behind the book is compelling, but what didn't impress me is the fact that it's too conceptual in nature and doesn't deliver much in the way of a thinking process, behind the actual practice of time management. The one factor that would have impressed me most, is if the book held to the (1) theme and (2) promise of linking back to 'increased results and saving 90 minutes per day.' These two points were found maybe a few times over the course of 166 pages. Maybe I just need to go back and re-read the book one more time, drawing out some of the more finer points I may have missed. "Time Power" by Brian Tracy and "The 7 Habits of Highly Effective People" is more of my cup of tea, and highly recommended for any who have made it this far, reading my long winded review of Laura Stack's explanation of time management and productivity. 15 of 15 people found the following review helpful. Probably great for people who can already focus. By H Waterhouse I thought this book was well-researched and well-argued, and there are some great concrete tips, especially about managing the inflow of documents and email. It will probably change the way I triage email, at least a bit. I also agree that the principal of doing one thing at a time and doing it well is something we could all stand to do better. Multitasking is not the greatest productivity aide ever. Rather the opposite. This part was written especially for me and my email process: "Indecision. We don't determine whether tasks are in or out or even relevant or not, so we leave them on our lists, which causes us to have to repeat the evaluation process again-- putting them back into our 'decide later' consciousness, lengthening our to-do lists, filling our inboxes, and expanding our perceptions of how much we have to do." Also, I actually did this with my boss, and it was enlightening: "If you made a list of the top ten things you believe you're responsible for, and then asked your manager to do the same, and compared the two lists, would they be the same? If not, you have a problem, because you aren't spending your time in ways that are valuable to your best customer." HOWEVER. I thought it was catastrophically judgmental about attention span. Stack assumes that people can just bear down and work, and that this is a matter of willpower. Those of us on the ADD spectrum, who get in a guilt loop about trouble Just Focusing, are ill-served by this attitude. On the bright side, I had one datapoint confirming my theory that I would be made less irritated by a productivity book written by a woman than the ones written by men. Read if: You are looking to become an Outlook ninja. You like the idea of recapturing time leaks. Skip if: You can't deal with "just focus" advice. You are not working a desk/computer job. Also read: Watership Down, my favorite book on leadership. 1 of 1 people found the following review helpful. Offers a good primer, but skip it if you already know GTD. By Sachin The book offers some good tips, but feels generic. Lots of the tips here I've seen otherwise. The process is very similar to the David Allen's Getting Things Done methodology. She even references the "Tickler File" that I've only ever seen in David Allen's book. At no point in the book, however, did she mention David or the GTD methodology. Considering that GTD came out in 2001, and this book in 2010, it appears that her 6D's methodology is a copy of GTD. There is one improvement though, calling the "waiting" or "pending" file as a "date" file, so you get to that file when a date has reached. She often talks about using MS Outlook for organizing To Do's and email, which is fine if you use that, but I've turned my back on Outlook a long time ago, and have never looked back. The last chapter touched on lots of other tips such as exercise and sleep, but stops short of saying why. On the whole, it was okay. It's a good primer if you are now getting into productivity. If you've never heard of GTD or David Allen you would definitely get more value from this book than I did.

Are you tired of productivity consultants—or worse, your boss—pushing you to do more with less? Yours are in luck. Laura Stack knows your to-do list is already packed to capacity, so she shows you how to accomplish more by doing less. Yes, you read that right. Stack's innovative time-management system lets you work less and achieve more. Following Stack's step-by-step Productivity Workflow Formula, you'll organize your life around the tasks that really matter—and this is crucial—let go of those that don't. Dozens of practical strategies will help you reduce your commitments, distractions, interruptions, and inefficiencies. Yours will shrink your to-do list and save time—around ninety minutes a day—while skyrocketing your results and maintaining your sanity.

Stack's incredible book shows you how to get organized better and get more done faster than you ever thought possible.—Brian Tracy, author of Eat That Frog! and No Excuses! This book will save you time, money, and—most of all—your sanity. In our fast-moving, multitasking world of now-now-now, Laura Stack is an extraordinary resource for you, and her expertise is delivered with this book.—Tim Sanders,

bestselling author and former Chief Solutions Officer, Yahoo! "I don't know anybody who is more organized or who has more energy and has more fun getting things done than Laura Stack. No kidding. She doesn't just write about what she knows; she writes about what she lives. If you feel like there's too much to do, read this book for tips, tactics, and strategies that will decrease the time you invest and increase the results you enjoy." — Mark Sanborn, author of *Up, Down, or Sideways* and *The Fred Factor* "Laura Stack improved our work flow, communication, coordination, documentation support, and teamwork. Her touch to our business made and continues to make a lasting change for the better. I can't say enough about how helpful her knowledge and training have been." — Montague Boyd, Senior Vice President, Investments, UBS Financial Services "I am a raving fan of Laura Stack because she is the absolute master of teaching me how to do less and achieve more. For me, like so many others, time has become the new currency. I can always make more money, but I can't make more time. Laura teaches me to make much better use of the time that I have so that I can do more of what I want to do. For me, that's priceless. This book will motivate you to do the simple yet powerful things that can make your work and your life immeasurably more productive and fulfilling." — Joe Calloway, author of *Becoming a Category of One* "Leadership, strategy, and business acumen are essential for being successful in business today. At the heart of Laura's effective productivity system are strategies to maximize these essential business skills. Read this book! Adopting her system will unleash your strategic thinking potential and productivity in your business and maximize your results. It has worked for us, and I guarantee it will work for you!" — Mike Howard, Chief Security Officer, Microsoft Corporation "If you have so much to do that you're not sure what to do, here's the first thing to do: buy Laura's book!" — Randy Gage, author of *Prosperity Mind* "Are you overworked, overstressed, and overwhelmed, yet still underproducing? Laura Stack can help you. Buy this book and devour it. You can do less, stress less, and still achieve more. It's possible! Learn how inside." — Darren Hardy, Publisher, *Success* magazine, and New York Times bestselling author of *The Compound Effect*