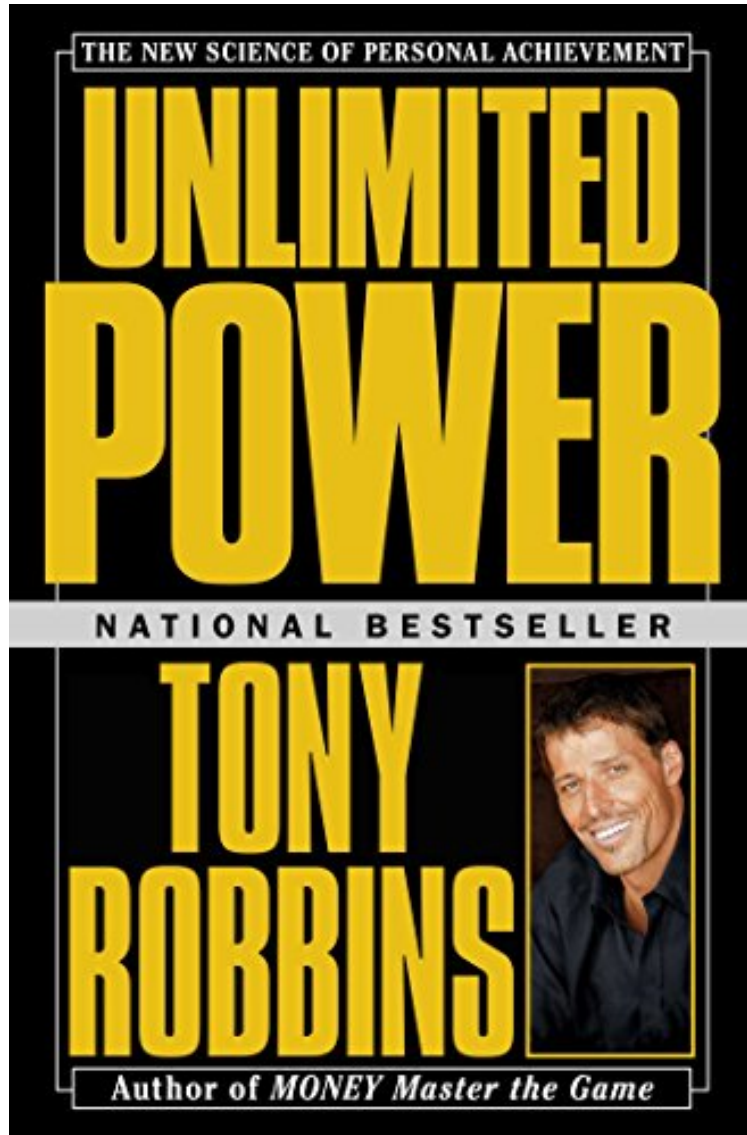


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## Unlimited Power: The New Science Of Personal Achievement

*Tony Robbins*

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**Tony Robbins : Unlimited Power: The New Science Of Personal Achievement** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Unlimited Power: The New Science Of Personal Achievement:

2 of 2 people found the following review helpful. Love Tony Robbins!!!By HeatherI am reading this and "Awaken the Giant Within". I bring it with me to my work and read it on breaks in Holding. So, I'm slowly going through it. Love him and his message. Love his message of Raising Your Standards!!! This is great advice for me. Hopefully I will be implementing all of the tools that he has in this book. He's a very positive speaker and makes me at ease when I

hear/read his stuff. 1 of 1 people found the following review helpful. If you only read one self-improvement book, read this one! By John Joyce Don't be put off by the title. Tony Robbins classic 'Unlimited Power' is a highly practical and easily accessible guide to the steps you need to take to overcome fear and make the best of your life. Each section - ranging from identifying goals, maintaining energy and commitment and realising that 'there is no such thing as failure' - can be read separately or together, providing the reader with a manual for success that makes sense in almost any situation. 0 of 0 people found the following review helpful. Great book, moderate read By Customer Great book. It's pretty dense, and Tony bounces around sometimes, but definitely worth the read. The "self-help" category has a stigma, but this is a great book for everyone--increasing mindfulness and the control you have over your thoughts is such a huge ability, and this book makes that accessible.

Anthony Robbins calls it the new science of personal achievement. You'll call it the best thing that ever happened to you. If you have ever dreamed of a better life, Unlimited Power will show you how to achieve the extraordinary quality of life you desire and deserve, and how to master your personal and professional life. Anthony Robbins has proven to millions through his books, tapes, and seminars that by harnessing the power of the mind you can do, have, achieve, and create anything you want for your life. He has shown heads of state, royalty, Olympic and professional athletes, movie stars, and children how to achieve. With Unlimited Power, he passionately and eloquently reveals the science of personal achievement and teaches you: \* How to find out what you really want \* The Seven Lies of Success \* How to reprogram your mind in minutes to eliminate fears and phobias \* The secret of creating instant rapport with anyone you meet \* How to duplicate the success of others \* The Five Keys to Wealth and Happiness Unlimited Power is a revolutionary fitness book for the mind. It will show you, step by step, how to perform at your peak while gaining emotional and financial freedom, attaining leadership and self-confidence, and winning the cooperation of others. It will give you the knowledge and the courage to remake yourself and your world. Unlimited Power is a guidebook to superior performance in an age of success.

From Publishers Weekly This is a comprehensive and intelligent success achievement program for setting and following through with personal and professional goals by the California behaviorist who popularized the method of "neurolinguistic programming" (NLP), or control of mind over body, culminating in his trainees' barefoot jaunt over hot coals. Essential to Robbins's "Ultimate Success Formula" are clarity of desired goals, energy, passion, persistence of action, effective communication skills and altruistic motives. His is a success prescription based on realistic and sophisticated ideology, best suited for those who have already "got what it takes" and simply have yet to make it happen. Copyright 1987 Reed Business Information, Inc. From Library Journal Robbins argues that by using a new technique called neurolinguistic programming (NLP) anyone can become successful at almost anything. NLP teaches us how to communicate success to ourselves. One of the best ways to do this is to model ourselves on people who are successful: Think, act, and speak like a success and you are on the way to being one. Despite much helpful material (even regarding nutrition), this book scarcely acknowledges the limitations that exist in people's lives. Of course, the whole thrust of NLP is to learn to focus on one's power and not on one's limits. But the text is too wordy it reads like a transcript of a series of talks and it also needs more structure and organization. Though it strives to be upbeat and encouraging, Unlimited Power still leaves mixed feelings. John Moryl, Yeshiva Univ. Lib., New York Copyright 1986 Reed Business Information, Inc. Scott DeGarmo Editor in Chief and Publisher of Success Magazine If you read one book this year to help you become successful, this is it.