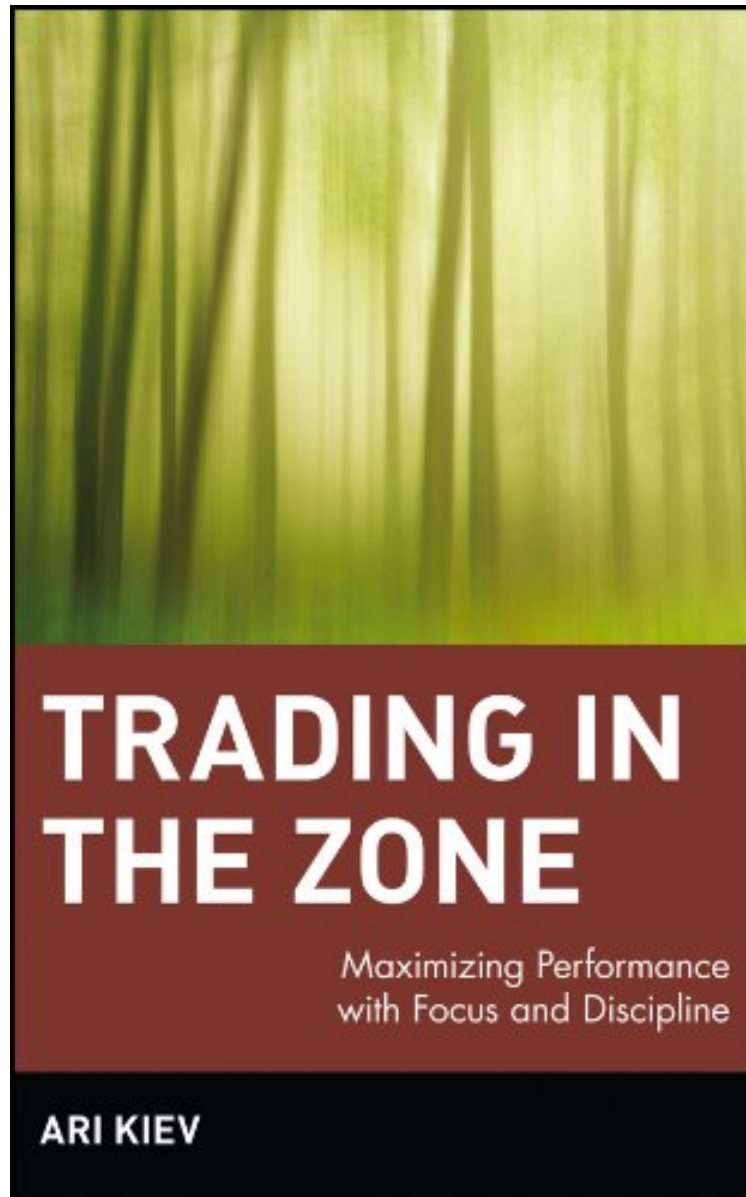


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## Trading in the Zone: Maximizing Performance with Focus and Discipline (Wiley Trading)

*Ari Kiev*

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**Ari Kiev : Trading in the Zone: Maximizing Performance with Focus and Discipline (Wiley Trading)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Trading in the Zone: Maximizing Performance with Focus and Discipline (Wiley Trading):

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good material for building the mental framework necessary to maximize trading results. The author's work with SAC provides a great lab to see trading psychology real time. Nice insight and very readable. Trading in the "Zone" is a place that is difficult for the beginner to understand, but it should be required reading before real money is at risk. It sure would have saved me money. From the introduction the material climbs in the traders head and speaks volumes about what it take to be a MASTER TRADER. This work, Ari Kiev's Trading to Win and Douglas' Trading in the Zone and The Disciplined Trader, along with Dr. Richard McCall's The Way of the Warrior-Trader should be the required reading for anyone seeking to trade the financial markets.0 of 0 people found the following review helpful. Five StarsBy CustomerLove I am learning to be a good trader because of this book.0 of 0 people found the following review helpful. First several chapters are innovativeBy Anthony MercFelt he could have made it half the length and stayed to more of his psychological point of view. When he goes into talking about trades its just common information vs earlier chapters

Overcome the obstacles that can prevent you from winning at the trading game A trader's emotional state is vital to being a successful investor. There are many psychological factors that can affect the decisions one makes in the course of a trading day. This book focuses on overcoming issues such as anxiety, fear, and over-ambition so that traders can become more focused and be more successful-in other words, enter the zone-and stay in it as long as possible.