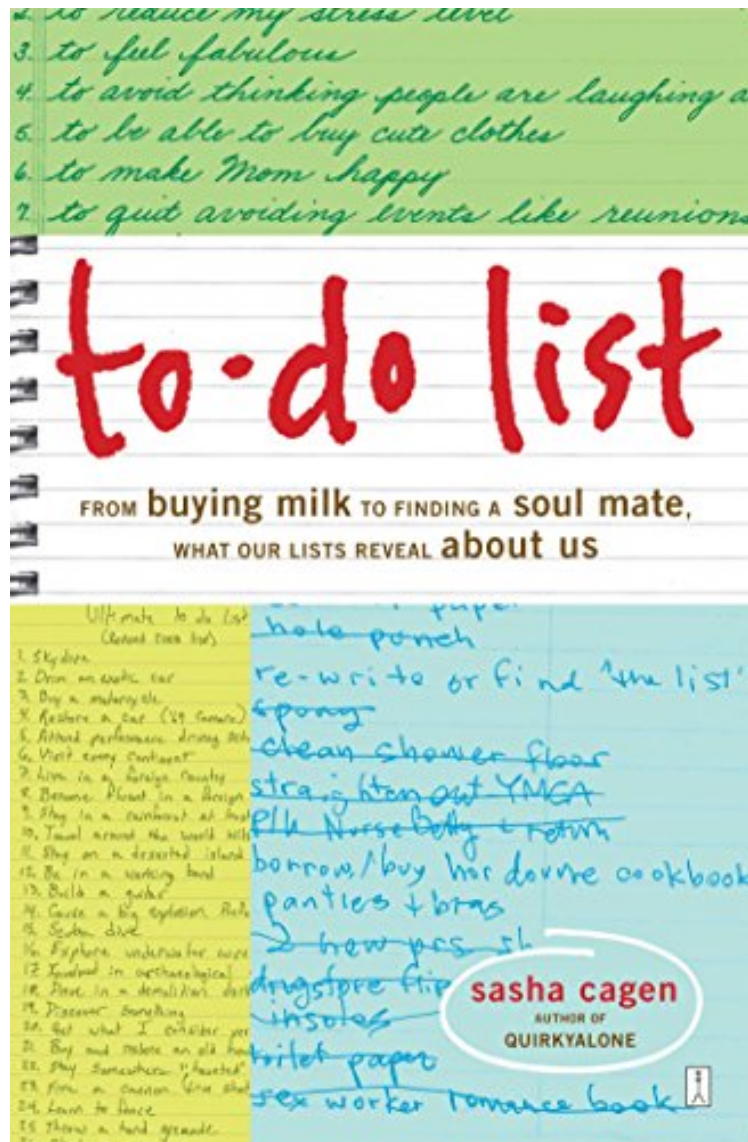


# To-Do List: From Buying Milk to Finding a Soul Mate, What Our Lists Reveal About Us

Sasha Cagen

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make you connect to your deepest self. I am surrounded by my lists. The most satisfying thing is checking something off on my list. When was the last time you wrote a list? How about the last time you saw a list on the floor in a grocery store...were you curious about the person? I love seeing others' lists, and that's what this book does for us. We get to peep into their world!! Like being a voyeur. Seeing people's hand writing (in this online world, that's a gift). We get to see if they are anal and neat, or messy and all over the place. And, as a good friend of Sasha's, my list of what I want in a partnership is actually in her book!! 0 of 0 people found the following review helpful. To do list By Customer I am a list maker lover. Lovely to read about others. Wish the lists were duplicated in typeface for readability. 0 of 0 people found the following review helpful. Collection of life episodes By alison shan Just a so-so book. Many life episodes, some of them are touching, but most of them kind of self-talk. Not necessarily inspirational. However, it's still fun to share people's slices of lives.

What Do Your Lists Say About You? More and more, we are a nation of list-makers, from grocery lists, New Year's resolutions, and things to do before we die to DVDs to rent and people we've kissed. In *To-Do List* (based on the popular blog of the same name, [todolistblog.com](http://todolistblog.com)) Sasha Cagen celebrates the humble to-do list, exploring the ways these scribbled agendas reflect our personalities and passions. *To-Do List* is both a celebration of lists and a peek at the lists that others create. Broken down by subjects like "Daily Lists" to "Sex Lists," it's a fascinating collection of lists from everyday people to the well-known: Novelist Nick Hornby's list of desert island discs A therapist's secret fears ("I HATE having to think about clients in relation to my hair or clothes") A shopping list from chef Alice Waters of Chez Panisse A woman's accomplishments before her thirtieth birthday ("Hot air ballooned over the Serengeti," "Danced on a table in Vegas") Qualities one man is looking for in a future wife, including "Chews with her mouth shut" and "Will let me give my first son the middle name of 'Jacob'" With each list, Cagen offers the story behind it and a prompt for readers to compare notes and take their own stab at a similar list. Voyeuristic and interactive, *To-Do List* will show you just how much -- and what -- your lists say about you.

About the Author Sasha Cagen is the author of *Quirk* and the founding editor and publisher of *To-Do List* magazine and its corresponding blog, [todolistblog.com](http://todolistblog.com). She lives in san francisco.