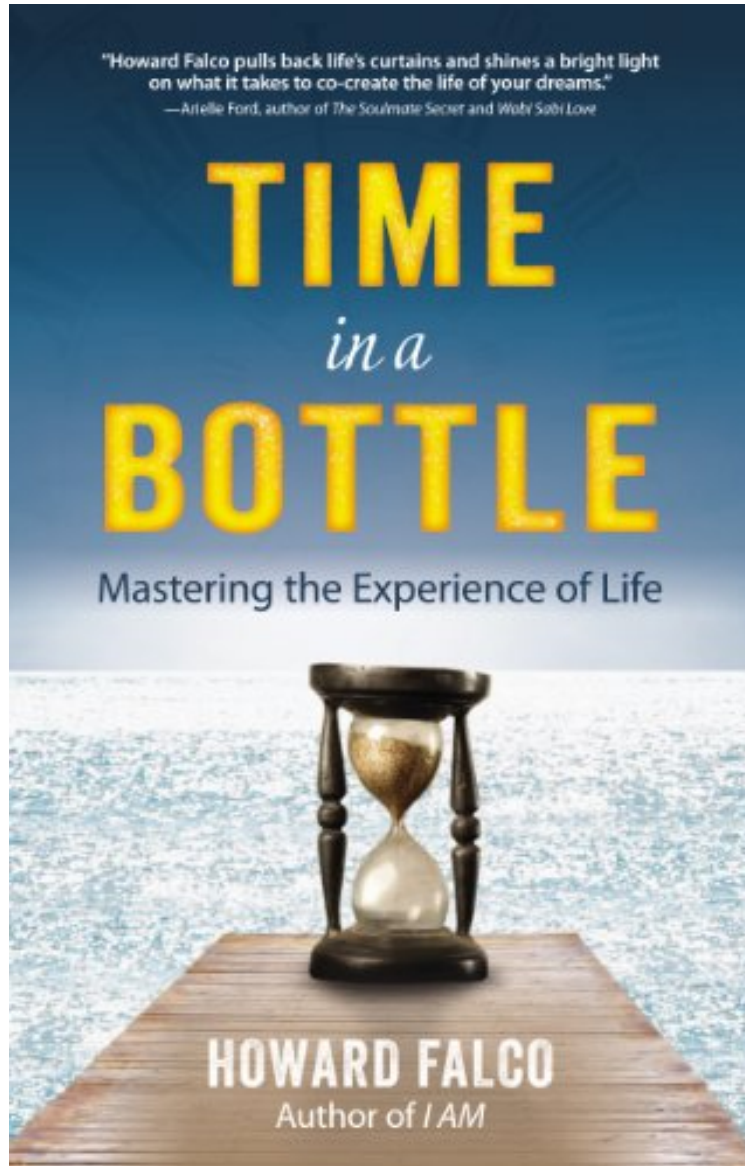


[Download pdf ebook] Time in a Bottle: Mastering the Experience of Life

Time in a Bottle: Mastering the Experience of Life

Howard Falco

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Howard Falco : Time in a Bottle: Mastering the Experience of Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Time in a Bottle: Mastering the Experience of Life:

7 of 8 people found the following review helpful. Manage time, and you work for it. Control time, and it works for you!By Steve GallegosEXECUTIVES and MANAGERS REJOICE! "Time Management" courses are now a thing of the past! That's right! Although the idea has spawned an entire industry of books and trainers on the subject, I have long since believed that time is not something that can or should be managed, any more than we should try to manage the rays of the sun. Admittedly, I did not know exactly what this thing we call "time" is. However, after reading

Howard Falco's "TIME IN A BOTTLE," I am now clear that time is the space in which you and I get to experience what we call life. I learned that while we as human beings are limited, time is not. This understanding has opened up a whole new world of possibilities for me as I no longer have to consider whether I have time for this, or time for that. I no longer have to stress over whether I will run out of time to accomplish the things I want to accomplish in life. I am now free simply to take action on the things that I want to do and let them unfold as they will in accordance with universal law. This understanding is akin to being released from a long period of confinement! If like me (and millions of others), you have been trained to watch the clock and you struggle with deadlines and how best to fit everything in, well, you are going to love this book. You are going to love learning how your thoughts and actions can speed up the process of receiving the outcomes which you desire, and how the lack of, or speed of your actions will determine the duration of your struggles, suffering, and worry. By posing a series of questions which you should definitely focus on and answer, the Author gives you a process by which you can set yourself free from the "time" constraints that have seemingly held you back from having the relationships, the career, the business, the health and fitness, the finances and the results that you want to have. As he did with his first effort "I AM: The Power of Discovering Who You Really Are," the Author does not tell you what to think or what to do. He merely provides you with new and different choices to consider making, and like anything else in life, what you do with the information is...your choice.

6 of 7 people found the following review helpful. You are meant to read this book!

By Kaye Sowder I just finished "Time In A Bottle" for the first time?. I had moments of laughing out loud, tears of joy...deep moments of quiet. I had moments where I literally had to shut my eyes and visualize what it all meant. I had the greatest moments of sincere gratitude for every person, situation, opportunity and experience in my life - now I have them forever. This is my new ah-ha moment: We are so in control - of everything. And wow. There is a reason for it all. Let the universe respond to our desires...don't try to push it. Allow it. Be patient. And have a ridiculous amount of fun along the way. Thank you Howard for your endless love and support. You are a gem!

1 of 1 people found the following review helpful. ... 2 books canceled because they could not deliver but happy with the ones I got

By Julie Ubl Had the last 2 books canceled because they could not deliver but happy with the ones I got.

Are you ready to put the power of time on your side? Time is perhaps the most precious and highly coveted resource at our disposal. Yet spiritual teacher Howard Falco has encountered hundreds of people whose limited notions of time have been the primary cause of suffering and disempowerment in their lives. This book shows readers how adjusting their perspective on time will empower them to realize their greatest hopes and dreams. Whether you desire greater abundance, better health, or more meaningful relationships, you have the power to collapse time, thereby actualizing your intentions faster than you ever imagined possible. Falco shows how personal awareness, thought patterns, feelings, and actions affect when our dreams become a reality. By broadening our understanding of time, we open the doors to an ocean of possibility.

Praise for TIME IN A BOTTLE: "Falco deftly and lucidly navigates readers through the universal and personal nature of time. Time may be 'on our side' but it is Falco's keen perception, empathy, and thought-provoking notions of how we can harness the power of time that leads to greater mastery of the experience of life: to realizing our greatest hopes and dreams."

—Julie Clayton, *New Consciousness*

"Time in a Bottle is a must-read for all who desire a life filled with love, satisfaction, and success. Integrating spiritual principles with quantum physics in an easy-to-understand way, Howard Falco pulls back life's curtains and shines a bright light on what it takes to co-create the life of your dreams."

—Arielle Ford, author of *The Soulmate Secret* and *Wabi Sabi Loveld*

"In *Time in a Bottle*, Howard Falco dares to poke the fearsome dragon of time. The results are a thought-provoking analysis that can enrich the life of anyone seeking greater peace, tranquility, and fulfillment."

—Larry Dossey, M.D., author of *Space, Time Medicine* and *One Mind: How Our Individual Mind Is Part of Greater Consciousness and Why It Matters*

"Discover how to open your mind, expand your awareness, and accomplish all that you desire in life. This book has allowed me to see the endless possibilities in my career and, more important, in the love, happiness, and harmony in my personal life."

—Chris Archer, pitcher for the Tampa Bay Rays

"In this inspiring book, self-empowerment expert Howard Falco provides insights and ideas that show you how to fulfill your deepest desires by mastering the way you think about and use your time. If you are ready to reach your goals and achieve greater happiness, make time to read *Time in a Bottle*!"

—Amanda Owen, author of *The Power of Receiving* and *Born to Receive*

"A must-read that transforms the reader from victim to victorious. It is an empowering spiritual guide that, from the inside out, helps the reader to master life."

—Susan Stackpole, host of the radio show *YOUunique! Life Starring You*

"This outstanding book is a significant achievement in spiritual technology, marrying broad-stroke metaphysical truth with practical grounded examples and techniques for healing and transformation."

—Dr. Darren R. Weissman, developer of the *LifeLine Technique* and author of *The Power of Infinite Love Gratitude*

"Time in a Bottle offers masterly insight on the nature of how we each create time and also lifts the spirit of the reader to a new level of understanding, awareness, hope, and joy. This book is an ideal place to start

looking for your personal answers, and the best time to do that, as always, is right now!rdquo;mdash;Eli Hammer, M.D.nbsp;ldquo;This is a must-read book for anyone looking to live life out loudmdash;inspired and motivated to passionately and purposefully live life as it is meant to be lived, consciously, creatively, and powerfully!rdquo;mdash;The Reverend Dr. Raymont Anderson, life coach, minister, author ofnbsp;Moving Mountains, and regular contributor tonbsp;Examiner.comnbsp;ldquo;Withnbsp;a remarkable ability to make complex subject matternbsp;comprehensible,nbsp;Howard Falco explainsnbsp;how your beliefs, thoughts, and feelings create your experience of time.rdquo;mdash;Jarl Forsman and Steve Sekhon,nbsp;authors ofnbsp;Wise, Happy and Feeling GoodAbout the AuthorHoward Falco is a self-empowerment expert and spiritual teacher specializing in self-awareness and the power of the mind as it relates to experience. His previous book, I AM: The Power of Discovering Who You Really Are, focuses on human understanding and potential.nbsp;