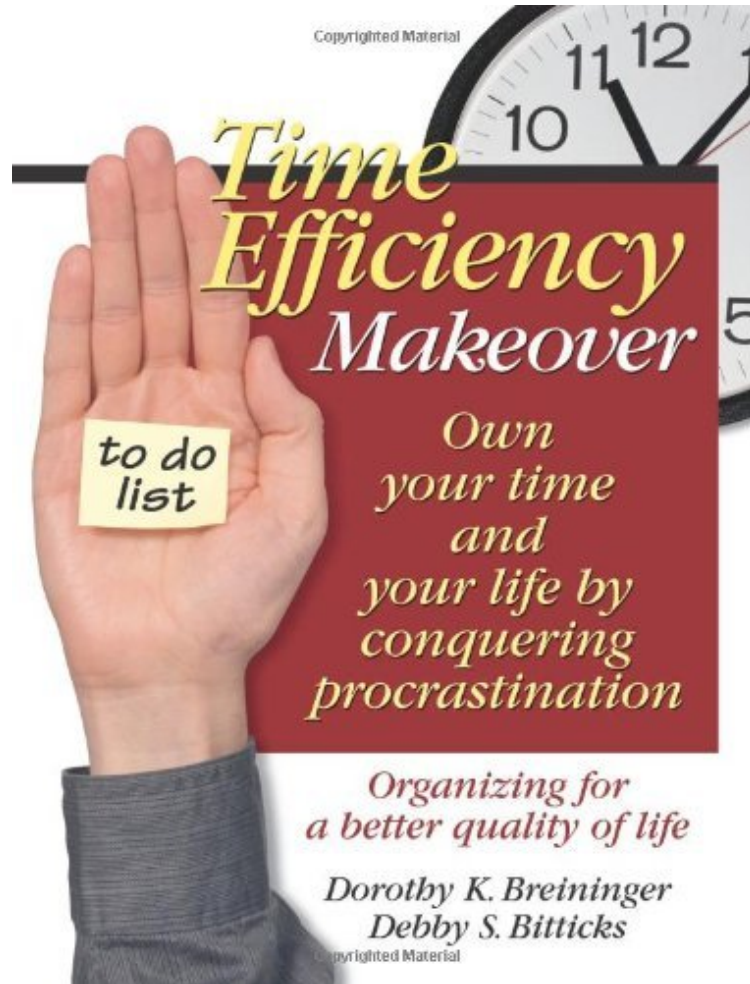


Time Efficiency Makeover: Own Your Time and Your Life by Conquering Procrastination

Dorothy K. Breininger

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Dorothy K. Breininger : Time Efficiency Makeover: Own Your Time and Your Life by Conquering Procrastination before purchasing it in order to gage whether or not it would be worth my time, and all praised Time Efficiency Makeover: Own Your Time and Your Life by Conquering Procrastination:

"These guys really know how to get things set up to maximize your time.They absolutely can create time that seems to come from nowhere."- Dr. Phil McGraw Do You Want To. . .complete job projects on time and without last-minute excuses? arrive at appointments punctual and calm? fix minor repairs in your home before they become major expenses? stop last minute frantic searches before a vacation? Time Efficiency Makeover: Own Your Time and Your Life by Conquering Procrastination, will help you decide if procrastination is a real problem or if you are experiencing

other life challenges. For true procrastinators, this book is filled with step-by-step guidelines on how to stop putting off those home and work projects, unpaid bills and neglected relationships. You will understand what is holding you back and how to keep focused and motivated on present and future events. A must-read for anyone who wants to improve the efficiency and satisfaction of their lives. ". . . encourages you to focus in on what you really wantmdash;and what's preventing you from getting there. Time Efficiency Makeover provides valuable tools for change that will result in massive action."mdash;Anthony Robbins, author, Awaken the Giant Within and Unlimited Power