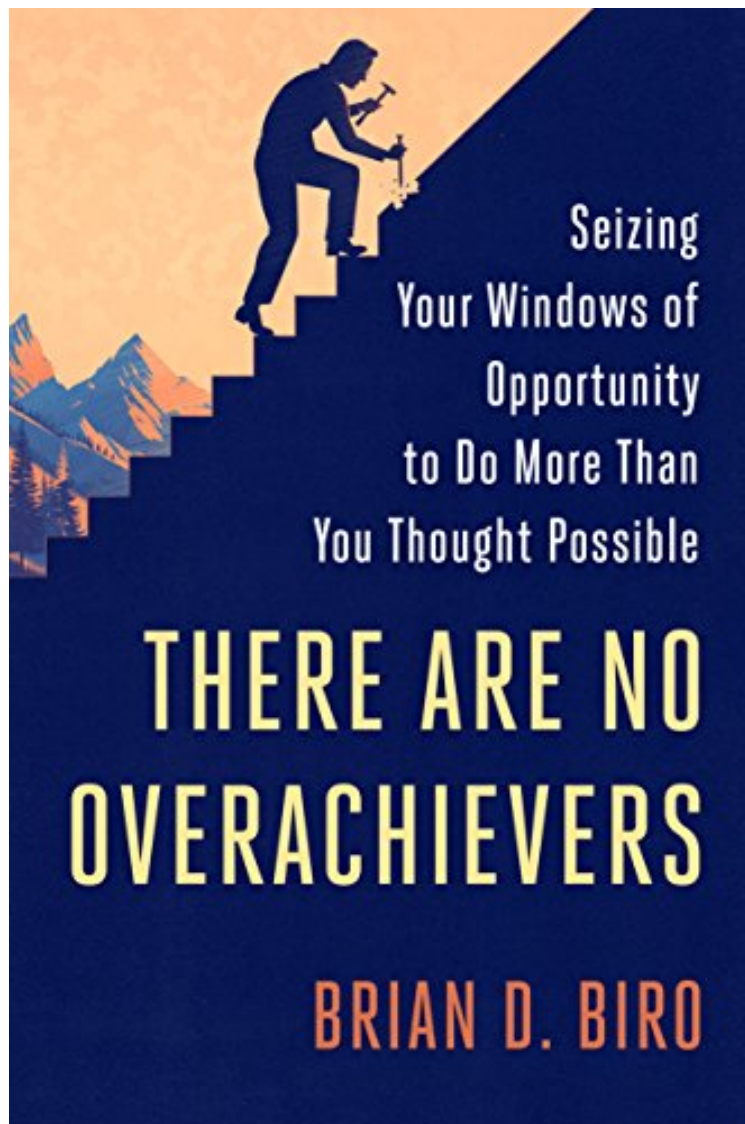


(Read now) There Are No Overachievers: Seizing Your Windows of Opportunity to Do More Than You Thought Possible

## **There Are No Overachievers: Seizing Your Windows of Opportunity to Do More Than You Thought Possible**

*Brian D. Biro*

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**Brian D. Biro : There Are No Overachievers: Seizing Your Windows of Opportunity to Do More Than You Thought Possible** before purchasing it in order to gauge whether or not it would be worth my time, and all praised There Are No Overachievers: Seizing Your Windows of Opportunity to Do More Than You Thought Possible:

3 of 3 people found the following review helpful. Some value lost in translation By Greeny I think the author is effective in important ways, and sincere. My experience reading the book is that the material didn't energize me as it

would at an in-person event. My internal response to the written language wasn't energizing. Something chafed, and that's just my experience as I'll describe below. I lost my concentration on the larger message against my wishes because my attention was consumed by the written expressions used. For example consider the sentence, "I have never been a part of a more selfless, energized, and egoless team" (p. 177). I enjoy hearing speech like that and find it energizing. But in written form I pause and think about how such a statement compares to other parts of the book, and I actually think to my embarrassment, "how come the author never experienced this much selflessness before?" To me the hyperbole that I saw throughout the book felt excessive. Excessive use of hyperbole as a communication style is far different in person than in writing - and not a bad thing. Similarly, in-person presentations of comedians beat experiences audiences would otherwise get by merely reading their words. For this reason I believe the author's material is of a style that will uniquely work much better at an in-person presentation.

3 of 3 people found the following review helpful. Where's the Beef? By Margaret Bonham This small book is one of those typical motivational books. I read through it, trying to gain some words of wisdom, and instead felt it glossed over a lot of things. It talks about Windows of Opportunity or WOOs, but it really doesn't go into detail on how to recognize them as they appear. The obvious part of seizing the WOOs is that failure is always an option. It doesn't seem to even address that. If you're looking for something motivational, then this book might be for you. It just feels like a lot of cheering and name dropping to me, but without a lot of substance.

2 of 2 people found the following review helpful. Woo Hoo By Antigone Walsh This short and perky book seeks to teach readers to recognize their "WOOs" or Windows of Opportunity and capitalize upon them. Inspired by legendary Coach John Wooden, the veritable Yoda of motivational manuals, it is filled with the usual gushy celebrity namedropping, breathless stories and self aggrandizement. Each chapter ends with fairly general suggestions for implementing the principles discussed in the preceding chapter. It is standard fare in terms of both content and suggestions. Color me cynical but I found some of the stories more irritating than motivating. For instance the over the top surprise birthday excursion the author planned for his wife seemed more about him than about her. Those familiar with self help will recognize many of the stories. That being said it can uplift in small doses but overall it is a nicely written with nothing surprising, unexpected or different.

In an inspiring new motivational book, management consultant and speaking guru Brian Biro describes how we can seize and act upon the Windows of Opportunity that we encounter to transform our lives. In *There Are No Overachievers*, renown speaker and former U.S. Swimming coach Brian Biro distills a lifetime of lessons on how to be more energized and passionate about work and life by seizing the WOO. A WOO is a Window of Opportunity--a precious, unrepeatable moment that can impact, redirect, and even reshape our lives, once we recognize and choose to seize them. By enhancing our ability to relate to others, increasing our personal energy, fostering greater teamwork, and better partnering with those around us, he shows us how we can create windows of opportunity each and every day that can change our careers and our lives. Organized in a series of short, targeted chapters, *There Are No Overachievers* encourages us to engage others, overcome our incessant need for approval, and go beyond our limits to deliver breakthrough results. Interweaving personal stories and anecdotes from his life as a top national swimming coach and executive vice president with insights and action steps we can apply to our lives, Biro reveals the secrets to living a rich and dynamic life, and a successful and fulfilling career. From the Hardcover edition.

Advance Praise for *There Are No Overachievers*: "Most opportunities that come our way are gifts. Some are good for us--some for others. Brian in *There Are No Overachievers* gives you the information you need to select the right ones and importantly, how to make the most of them when you do! This is a secret to a rich and full life!" --Harry Paul, Coauthor of *FISH!* and *Who Kidnapped Excellence?* "In a world so often bombarding us with negativity, isn't it time we started focusing on what we CAN do instead of what we can't? In his new blockbuster *There Are No Overachievers*, Brian Biro reawakens us to the magnificent truth that there is more in each one of us than we've ever dreamed of. We CAN make every moment count. We CAN shape our futures, energize our lives, and build rich and fulfilling relationships. We are NOT overachievers. We are here to shine! Brian Biro lights the way for all of us." --Marci Shimoff, #1 New York Times bestselling author of *Happy for No Reason*, *Love For No Reason*, and *Chicken Soup for the Woman's Soul* "A commonsense guide to living a more meaningful life...with enthusiasm, purpose, and breakthrough thinking! Must reading for those who want to unlock the potential for greatness in each of us." --Ron Sargent, CEO of Staples "If the principles in this book sound simple, that's because, like all timeless secrets, they are. But what makes them powerful is that they're also real -- Brian Biro is the genuine article. He has lived every word and exemplifies the underlying truth on every page. *There Are No Overachievers* will bring out the best in YOU!" --John David Mann, coauthor of the national bestseller *The Go-Giver* "Spending time with Brian Biro always leaves me feeling energized and inspired to make the most of every moment in my life. I felt the exact same way after reading *There Are No Overachievers*. Brian is a remarkably engaging story-teller who is truly gifted at helping others realize their own gifts. Read this powerful book and you will feel ready to tackle even the toughest

challenges!rdquo; mdash;Jim Alling, CEO of TOMS Shoes"Every moment is both a gift and an opportunity.nbsp; The secret to living life fully is to seize those ldquo;windows of opportunityrdquo;, or WOOS, as Brian Biro calls them in his inspiring new book, There Are No Overachievers. Brian helps all of us to recognize and act upon the WOOS that lead us to lives of joy, fulfillment, and richness, and allow our light to shine!" mdash;Nido R. Qubein, President of High Point University nbsp; ldquo;Loss of personal motivation, energy and sense of relevancy can happen to us so easily today. In his new book, There Are No Overachievers Brian Biro provides countless insights to help each of us to live an inspired life.nbsp; Brian explains the surprising power of treating each day, each moment, as the precious window of opportunity (or WOO) that it is.nbsp;nbsp; These pages will help anyone live an inspired life.rdquo;nbsp; mdash;Joey Havens, Executive Partner at HORNE LLP nbsp; ldquo;Brian Biro brilliantly outlines how to deliver breakthrough results, energize, engage, and motivate your teams to seize key opportunities.nbsp; I highly recommend There Are No Overachievers for anyone looking to become a more effective leader or manager.rdquo; mdash;Johann Fernando, Ph.D., Chief Operating Officer at FUJIFILM Medical Systems USA, Inc. nbsp; ldquo;The answer is YES!, Now what's the question?hellip; This is Brian Biro in one sentence. Positive approaches create trust. nbsp; I have known and worked with Brian for over 20 years. nbsp; This extraordinary book provides all the lessons that one needs to be successful and most importantly fulfilled at what they do.rdquo; mdash;Keith D. Paglusch, CTO of C Spire nbsp; ldquo;The energy and pure magic that Brian Biro brings to any situation is life-changing, and he has captured that quality brilliantly in his new book There Are No Overachievers. His motivational messages will impact everyone, from entry-level employees to the upper echelon of management professionals.rdquo; mdash;Chris Cicchinelli, President CEO of Pure Romance nbsp; nbsp; ldquo;Irsquo;ve witnessed Brian lead thousands on a journey to self-discovery. He is an amazing coach with a rare talent to channel a person's inner desire to spur positive change in their lives. Now he powers that passion for professional and personal development into There Are No Overachievers. This book, like Brian's presentations in person, is unforgettable!rdquo; mdash;Patty Brisben, Founder Chairwoman of Pure Romance nbsp; ldquo;There Are No Overachievers is a book you will want to share with your friends, your peers and most importantly your family. Every lesson and every idea in here is pure gold, and Brian wraps his lessons and insights in beautifully told stories and real life examples that make this book impossible to put down. nbsp;nbsp; Brian Biro has created a beautifully written roadmap to opportunity, greater success and fulfillment!rdquo; mdash;Meridith Elliott Powell, Professional Speaker and Author nbsp; ldquo;The central thesis behind There Are No Overachievers is that we are all UNDERachievers. Regardless of how great our performance in a particular area, we are all capable of doing and being so much more!nbsp;I highly recommend it, both as a personal guide for getting more out of your personal and professional life, as well as a teaching aid for managers and leaders who want to bring out the best in their team.rdquo; mdash;Keith Challenger, Managing Partner at KCI.media nbsp; ldquo;You will emerge from this book with more confidence, energy, and passion than you've ever imagined for your career, your family, and your life.nbsp; In a world so often focused on obstacles and barriers, Brian Biro brings fresh light to our possibilities, strengths, and breakthrough potential!" mdash;Melissa Brisbois, Executive Vice President of J. Hilburn nbsp; ldquo;Truly inspiring. There Are No Overachievers is filled with stories that moved me, and insights that stuck with me long after reading.rdquo;nbsp; mdash;Prosper Nwankpa, co-founder and CTO of Avanoo nbsp; ldquo;A masterful presentation of simple, yet transformational principles that can be used immediately to enhance relationships and careers. When you read There Are No Overachievers, you will begin looking at your life through a new lens of passion, gratitude and service.rdquo; mdash;John Locke, Master Networker nbsp; nbsp; ldquo;Seeing Brian live is always a treat, but reading There Are No Overachievers is like having Brian with me every day. The chapter called ldquo;Be Easy to Impress and Hard to Offendrdquo; really struck a chord in me.nbsp; Look for ways to be impressed, and instead of taking offense at criticism you encounter, transform negative feedback into ways to improve, exceed expectations, and generate loyalty.nbsp; It is at the heart of everything our company is about, and has helped us build nbsp;the largest global sourcing association in the world. My copy is dog-eared already; I will be referring to for years to come.rdquo; mdash;Dawn Tiura, CEO of SIG: The Executive Sourcing Network nbsp; nbsp;ldquo;The inspiration and stories in There Are No Overachievers opened my eyes to the many ldquo;windows of opportunityrdquo; that can help me make a positive difference. It has ignited my own energy and purpose to live this journey called life with more JOY!rdquo; mdash;Dana L. Stonestreet, Bank Chairman, President and CEO of HomeTrust nbsp; ldquo;Phenomenal! Brian Biro offers us a clear path to increased personal performance and greater success in every area of our lives. And what we get along the way is the life we've always wanted.rdquo; mdash;Dr. John B. Waterhouse, Former President and Field Leader of Centers for Spiritual Living nbsp; ldquo;The simplicity of Brian Birorsquo;s message, and compelling nature of the stories he tells makes this book a win for everyone.nbsp; Read it, follow Brian's guidance and you are sure to reach the mountain top!rdquo; nbsp;mdash;Dr. Barbara Waterhouse, Senior Minister at Center for Spiritual Living, Asheville nbsp; ldquo;What would you do if you knew you could not fail?rdquo;nbsp; Irsquo;s a question I posed often to our oldest daughter when she was competing internationally.nbsp; I never thought of it being my own motto ndash; until reading There Are No Overachievers.nbsp; After nearly 20 years, I am still learning from Brian Birorsquo;s life lessons ndash; and Irsquo;m now aware of how important they are in the ldquo;transitionrdquo; stage of my life, both personally and

professionally. Thanks so much for the reminder, Brian! — Suzan O Sweeney, AVP of External Partnerships at The Hartford

“Over the years, I’ve read hundreds of leadership books, but *There Are No Overachievers* stands alone. It’s an insightful and astute guide on how to be your very best at home and at work. Although I’ve been fortunate to enjoy great success in my career overall, there are so many times that I missed my window of opportunity to positively impact others’ lives. I was too easy to offend and hard to impress. Brian Biro is a life-changer. I enthusiastically recommend this book. It will bring you closer to your colleagues, your friends, and your loved ones.” — Naomi Cramer, SVP and Chief HR Officer at Banner Health

About the Author: A former vice-president of a major transportation corporation and author of *Beyond Success*, Brian Biro was rated #1 from over 40 Speakers at 4 consecutive INC. Magazine international conferences. With degrees from Stanford University and UCLA, Brian has appeared on Good Morning America, CNN, FOX and as a featured speaker at the Disney Institute in Orlando. Brian was recently named one of the top 100 most inspirational graduates of the UCLA Graduate School of Business in honor of their 75th Anniversary. He has also been honored as one of the top 70 Speakers in the world.