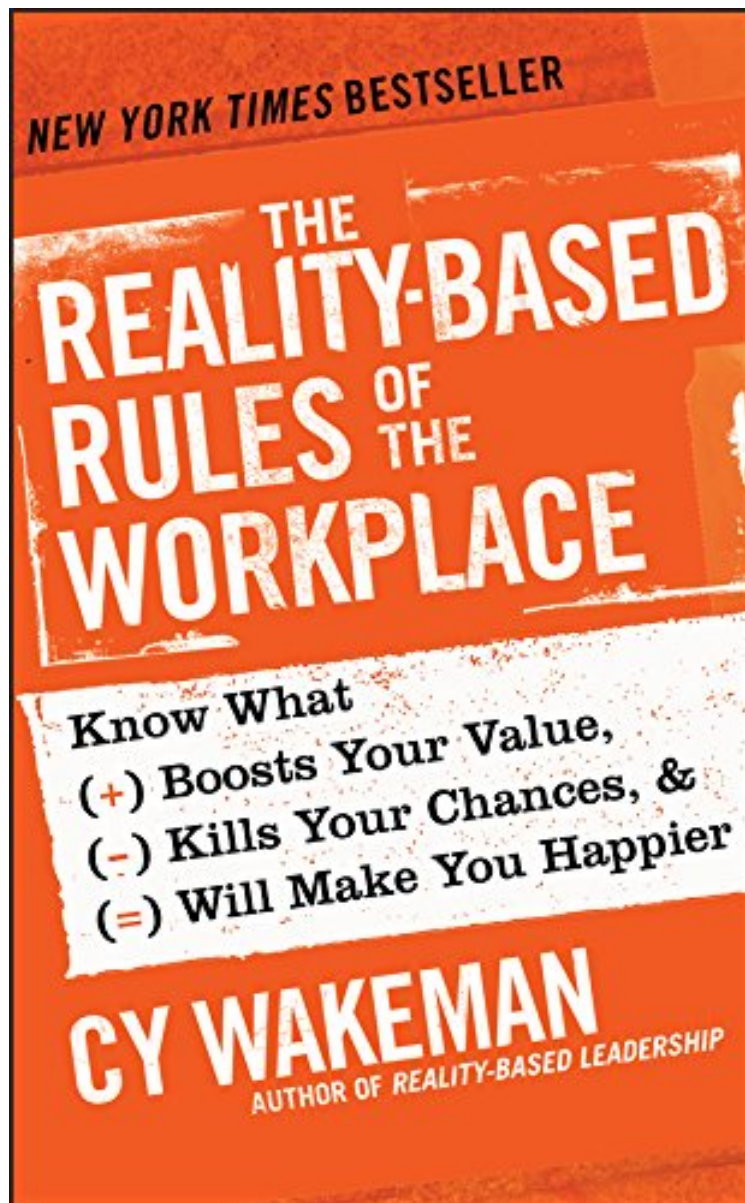


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The Reality-Based Rules of the Workplace: Know What Boosts Your Value, Kills Your Chances, and Will Make You Happier

Cy Wakeman

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Cy Wakeman : The Reality-Based Rules of the Workplace: Know What Boosts Your Value, Kills Your Chances, and Will Make You Happier before purchasing it in order to gage whether or not it would be worth my time, and all praised The Reality-Based Rules of the Workplace: Know What Boosts Your Value, Kills Your Chances, and Will Make You Happier:

1 of 1 people found the following review helpful. One half of the two best leadership/team building books on the market!
By J.K. Patton I am a busy leader, juggling work, family, sports, etc., so I don't have a ton of time to read. I love audiobooks for this reason. I threw this on the mac and synced it with my phone and I was off. I listened to this on the road as I travel quite a bit, and it was super convenient. As for the material - if you are a leader this is a must read! I have seen Cy speak as the keynote twice now, and this is the leadership style that I tend to pattern myself after. I have read/listened to TONS of leadership books, and this one is quite simply the best I have seen. I have been in leadership for 15 years and seen a lot, there isn't much that this one won't prepare you for. So this one is good for the leader to read, but it is targeted for the employees. I put this on the yearly goals last year for my team to read and then we had conversations about it at mid year. Meanwhile, there is a leader's version of this book that is very easy to find - called Reality Based Leadership, you can get it on here: <http://www.com/Reality-Based-Leadership-Restore-Workplace-Excuses/dp/0470613505> If you are a leader - get these two valuable resources - fantastic stuff here!
0 of 0 people found the following review helpful. 'Must Read' at any stage of your career!
By Kim Parker I read several business books a year, and this is far and away the best and most applicable book I've read in recent memory. I was able to immediately put Cy Wakeman's teachings to work, both as an individual and as a manager. I bought copies for my entire team to read. Her approach to the self-evaluation is brilliant, and the 'stick with the facts' strategy is something that can be implemented immediately. I've already seen a change in my own behavior, as well as the culture of our team. A must read at every stage of your career!
0 of 0 people found the following review helpful. Truthful Reality
By Avid Reader Refreshing, simple truth about the control we each have to act with emotional intelligence. Very constructive suggestions for being a better employee and ultimately a better person.

The key to understanding how your manager calculates your real value—and how to boost it More than anything else, you need to understand exactly how your employer evaluates you, and your annual performance review doesn't tell the whole story. In *The Reality-Based Rules of the Workplace*, Cy Wakeman shows how to calculate how your true value to your organization by understanding your current and future potential against your "emotional expense"—the toll your actions and attitudes take on the people around you. With Cy's clear, straight-to-the-point advice, you can confront and reduce your emotional costliness, become an invaluable member of your team, and even learn to love your job again. Reveals a formula for measuring your current performance, future potential, and the biggest detractor, your emotional expense Shares real-world advice for quickly boosting your value and becoming a highly-valued, sought after employee and teammate Builds on the lessons in *Reality-Based Leadership*, Cy Wakeman's first book for leaders and managers *The Reality-Based Rules of the Workplace* is the essential guide for boosting your value, owning your career, and becoming the kind of employee no organization can afford to lose.

.com Q A with Cy Wakeman, author of *The Reality-Based Rules of the Workplace* Cy Wakeman