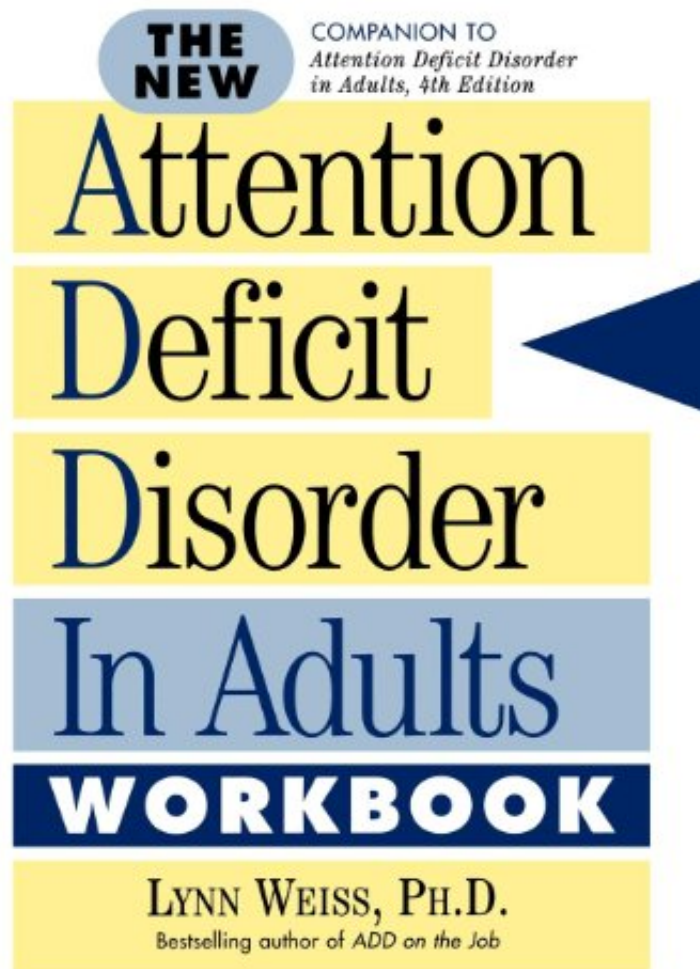


The New Attention Deficit Disorder in Adults Workbook

Lynn Weiss Ph.D.

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Lynn Weiss Ph.D. : The New Attention Deficit Disorder in Adults Workbook before purchasing it in order to gauge whether or not it would be worth my time, and all praised The New Attention Deficit Disorder in Adults Workbook:

3 of 3 people found the following review helpful. ADD and the WorkplaceBy Stanley Conway-cloughThis workbook hones in on many of the issues that plague us, especially in the workplace. The fact that Dr. Weiss also wrote, "Add on the Job," is a clue as to the major focus of this workbook. Even for those of us who are retired it can be of great value. I have started working through it with my therapist and find it extremely helpful. I would, however, like to find a similar workbook less focused on the work place.7 of 7 people found the following review helpful. Great resource.By The Product DoctorThis book is uplifting. Rather than focusing on ADD as a deficit, Weiss addresses it as a difference

with some great benefits. So many of the other books take a deficit medical model view. This one is different in a way that I have found much more useful. I especially like the parts of the book where she talks about ADD (rather than the exercises). I'd have given it five stars, but I did not find the exercises helpful, especially how they're laid out (too spread out and not condensed enough to make them easy to focus on). No matter what, the book is WELL worth it for how Weiss talks about ADD as a positive. 1 of 1 people found the following review helpful. A lot of work by simplynewt This workbook is great but for me, it is a lot of work. I have yet to get past the 1st chapter and the work involved in completing it. The book was shipped fast and was in great condition. Thank you very much.

Her workbook aims to emphasize practical steps for screening out distractions, planning and organizing tasks, and managing time. —Dallas Morning News

The book helps sufferers self-screen, cope with and manage their ADD. (Tina M. Steffen Fort Worth Star-Telegram) [Lynn Weiss] shares her findings, symptoms and ways to handle the complex disorder in this easy-to-understand book. (Velma Daniels Winter Haven News-Chief) About the Author Nationally recognized and actively sought as a voice of reason, Lynn Weiss needs no introduction. Her writing accomplishments appear below. Books: View from the Cliff: A Course in Achieving Daily Focus, Taylor 2001; A.D.D. and Success, Taylor 1998; A.D.D. and Creativity, Taylor 1997; How to Read Your Child Like a Book, Meadowbrook Publishing Co. 1997; Give Your A.D.D. Teen A Chance, Pinter Press 1996; A.D.D. on the Job, Taylor 1996; The Attention Deficit Disorder in Adults Workbook; Attention Deficit Disorder in Adults: Practical Help and Understanding, Taylor 1992, Third edition, 1996, Best-seller. Power Lines: What to Say in Problem Situations, Weiss and Lora Cain, Taylor 1994. I Wasn't Finished with Life, Weiss, et.al., E-Heart Press. Most recently, excerpts in ADDvance Magazine from View from the Cliff, 2001 to continue throughout 2001-2002; ADDitude Magazine, 2000; Monthly columns in Recovery; Dallas Family Magazine; SR Texas; Total Fitness; View Magazine, 1987-1995; Dozens of articles in newspapers, journals and newsletters on child development and child care issues. 1966-present; on ADD/ADHD issues, 1987-present; on human behavior 1966-present.