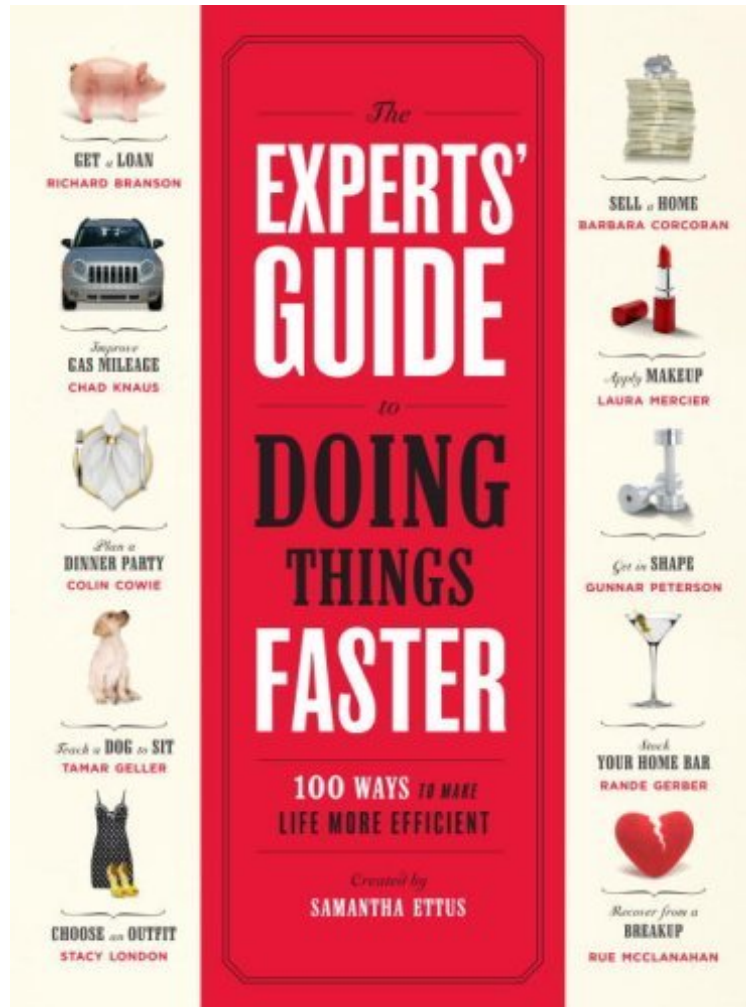


(Free pdf) The Experts' Guide to Doing Things Faster: 100 Ways to Make Life More Efficient

The Experts' Guide to Doing Things Faster: 100 Ways to Make Life More Efficient

Samantha Ettus

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Samantha Ettus : The Experts' Guide to Doing Things Faster: 100 Ways to Make Life More Efficient before purchasing it in order to gage whether or not it would be worth my time, and all praised The Experts' Guide to Doing Things Faster: 100 Ways to Make Life More Efficient:

1 of 1 people found the following review helpful. In today's crazy world, this Expert's Guide helps bring some sanity. By Elizabeth Lombardo Samantha Ettus has done it again. She had me at The Experts' Guide to 100 Things Everyone Should Know How to Do, her book that came out in 2004. And I have been hooked every since. The Experts' Guide to Doing Things Faster: 100 Ways to Make Life More Efficient just further reinforces her status of knowing what her readers want. As a person who wears many hats (psychologist, author, consultant, speaker, mother, wife...) I am like the rest of our society, trying to figure out how to complete items on my to-do list. This book is such a gift. Each chapter is concise and easy to read by the experts. My favorites tidbits of info include: * Make yourself

memorable (by Nicholas Boothman): "Talk in Color" by using vivid language appealing to the senses to describe situations or people. He gives the example of Warren Buffet who, when asked if he liked his work, replied "I tap-dance to work."* Iron (by the Queen of Steam Barbara Zagnoni): Unable to even remember the last time I ironed (was it in the 90's?), I had a pair of pants that needed a good pressing in the 31 seconds I had before I was off to give a keynote speech. THANKFULLY I had already read Barbara's chapter because that was all the time I needed. Even if you think you will never need to iron, read this chapter. It will come in handy someday.* Find a lost child in a crowd (by Clint Van Zandt): Every parent's nightmare, this 25 year FBI veteran offers great advice like proactively putting a letter in your child's pocket with your cell phone, having your children wear brightly colored clothes and pointing out a rendezvous place should anyone get lost. He also recommends you praise your child, rather than get angry with them, when they are found after being lost. Scolding them will only make your scared loved one feel worse. Thanks to Samantha and all of her experts! 0 of 0 people found the following review helpful. So-So Some ideas are interesting, others not. By Christine This is a matter of personal taste -- others may find the tips very useful. But I found many of them either to be things I had read before, or to be nothing very remarkable. As I said, it's a matter of taste. For me, I didn't find too many useful ideas. 0 of 0 people found the following review helpful. Five Stars By PAULINE Great book. Thank you

It's time to win the race against the clock. From finding a parking spot to getting in a good mood, to falling asleep or thinking on your feet, speed is often at the heart of a better life. The Experts' Guide to Doing Things Faster provides you with straightforward and creative strategies for being more efficient in every aspect of every day—in 100 compact chapters written by 100 of the world's leading experts, including: Daily essentials, such as getting ready in the morning by Hannah Storm; Lifestyle lessons, such as throwing a dinner party by Colin Cowie and writing thank-you notes by Carolyn Roehmer; Beauty basics that include styling your hair by Sally Hershberger and losing weight by Harley Pasternak; Romance road maps, such as making a winning first impression by Neil Strauss; Physical feats that include running faster by Justin Gatlin and relaxing by Rodney Yee; Money matters, such as selling a home by Barbara Corcoran and getting a loan by Sir Richard Branson; Healthy hints, such as speeding up your metabolism by Mark Hyman and overcoming guilt by Keith Ablow. Some of these experts are household names, others are industry leaders—all are at the top of their profession. From a two-time Super Bowl winner and survivor of twenty-nine operations ("How to Recover from Surgery") to New York's most famous doorman ("Make Someone Feel Good"), from the founder of the Geek Squad ("Make Your Computer Run Faster") to Las Vegas's premier wedding planner ("Plan a Wedding") and an Olympic eater ("Cure a Stomachache"), they are the authorities on their subjects. Packed with funny, surprising, and incredibly clever advice, The Experts' Guide to Doing Things Faster teaches you how to lead your life more efficiently, leaving you with more time to enjoy its pleasures. From the Hardcover edition.

Praise for The Experts' Guide series: "Utterly useful . . . its own cultural Rorschach." —New York Times "Ettus has an A-list cast of experts." —Chicago Sun-Times "Packed with advice." —Newsweek From the Hardcover edition. About the Author SAMANTHA ETTUS is the creator of the bestselling The Experts' Guide to 100 Things Everyone Should Know How to Do; The Experts' Guide to Life at Home; and The Experts' Guide to the Baby Years. She is an on-air reporter for New York 360 and .